

“Learn to cook...pass it on!”

TAKE BACK THE KITCHEN

 **AT HALEY HOUSE**

Since its start as a single class in 2006, TBK has grown into a dynamic program reaching more than 300 students annually. We partner with dozens of community organizations in Roxbury and the Greater Boston Area serving children, youth, the elderly, and families.

TBK classes are taught by professional chefs in one of Haley House's commercial kitchens and emphasize cooking from scratch, choosing whole foods, trying new things, and understanding the personal and social impacts of how we eat. TBK students learn a variety of cooking techniques, nutrition essentials, and kitchen safety rules as well as how to prepare cost-effective meals at home.

Our classes are uniquely tailored to meet the needs of our community partners. We work closely with our partners to build an appropriate curriculum from our repertoire. For example, our Cultural Awareness series teaches youth how to prepare healthier versions of ethnic dishes while promoting respect for diversity. TBK has the flexibility to teach a one-time class, a short series, or year-round classes.



Take Back The Kitchen (TBK) empowers children, youth, the elderly and families to take charge of their health and well-being through hands-on cooking classes.

ABOUT HALEY HOUSE

“We Believe in Food with Purpose & the Power of Community”

Founded as a soup kitchen in 1966, Haley House has since grown into four interconnected branches: direct services, permanent affordable housing, urban agriculture, and social enterprise. Haley House uses food and the power of community to break down barriers between people, transfer new skills, and revitalize neighborhoods. We believe in radical solutions, solving problems at their root by challenging the attitudes and structures that perpetuate suffering while building innovative models as creative alternatives.

To learn more about Haley House, our history, and our programs, please visit our website: www.haleyhouse.org.



GET INVOLVED:

If you are interested in TBK classes for your group or organization, please email TBK's Program Manager, **Ricardo Monroy**, to get started: takebackthekitchen@haleyhouse.org or rmonroy@haleyhouse.org.

To learn about volunteering with TBK: www.haleyhouse.org/volunteer.

We have two locations:

Haley House Soup Kitchen
23 Dartmouth Street
Boston, MA 02116
(617) 236-8132

Haley House Bakery Café
12 Dade Street
Roxbury, MA 02119
(617) 445-0900