Dear Friends,

May has proven to be a very busy month at the Haley House Bakery Cafe. Our latest Discover Roxbury History Night, "Roxbury According to Reverend Michael Haynes," held last night was a full house, a tremendous, memorable evening, and was filmed for future broadcast by Boston Neighborhood Network. We will keep you posted about its broadcast schedule - many thanks to our partners at Discover Roxbury and BNN for making this happen.

Check out all of the great stuff that we have coming up! Starting with Mel King tonight!

**New Evening Schedule Starting This Week/Art is Life itself Schedule**

Beginning on Friday May 14th, Haley House Bakery Cafe will begin closing at 4pm on Wednesdays and Fridays for the summer months. We will remain open on Thursday evenings until 9pm through June 24th, featuring our evening performance series, Art is Life itself, with Nina LaNegra and Fulani Haynes. Upcoming featured artists on Thursday evenings include:

June 3: Discover Roxbury History Night: E.Barry Gaither on the Hidden History of Elma Lewis.

June 10: POETRY, POETS, POETRY

June 17: Interactive Yoga & Dharma Talk by Peter Ruggiero

June 24: *FUNK*FEST*! movie, music, food and FUNK! Bring the Afro's, platform shoes, bell bottom pants & Tie Dyed T-shirts and YOU!

After June 24th, AiLi takes a break for the summer!
Thursday May 13 - 7:30 PM - Mel King reads from "Streets"

Last summer, on the eve of the Roxbury Film Festival, Mel King visited Art is Life itself at the Bakery Café to read from his latest collection of poetry, encouraging everyone in the room to reflect on what elements of their childhood neighborhood helped to define them. Tonight, he returns for what is certain to be an exciting evening, exploring what makes a community.

Hosted by Nina LaNegra and Fulani Haynes.

Program begins at 7:30 pm - come early for dinner.

Seating is available on a first-come, first-served basis.

Click here to read an article about "Streets" from the Bay State Banner

Saturday May 15 – 4-6 PM - Haley House Silent Auction and Wine Tasting at 23 Dartmouth Street

Please join us (at our Soup Kitchen at 23 Dartmouth Street in the South End) for our 7th annual spring fundraiser – a great neighborhood event for the whole family. Live music, delicious food from the Haley House Bakery Café, many children’s activities and more! Admission is complimentary, and all proceeds benefit Haley House programs.

Click here to view invitation

Friday May 21st 5:30 - 9 PM Dinner & A Movie - 3 Short Films About Food

Three documentary shorts about local food movements grace the lineup for this Dinner & A Movie Event, following a LOCAL FARM dinner featuring seasonal produce from Brookline’s Allandale Farm.

“KNOW YOUR ROOTS: Eat Local” by Sara DeForest & Scott Silverman describes five important reasons to eat local food. Produced as a Tufts University senior project, the film takes us on a journey of eating local in Boston with interviews from local food activists, perspectives from a farmer (Allandale’s John Lee), a mother, chefs, a storeowner and others. Local food events such as the Souper Bowl, Meat Meet, farmers' markets and the Relocalization Conference are included, with the aim to show how widely available local food actually is in New England, and any small step towards a local food system is a good one.

“PLANTING FOR PEACE: Bury Seeds Not Bodies” by Michael J. Cermak is not your typical film about gardening. Co-written and edited by Boston youth, this film takes a close look at the young workers who are powering an exciting movement to revolutionize urban food systems. As new farmers markets, urban farms and community gardens sprout in urban communities of color, few have focused on the young people working the markets and gardens. These new jobs not only help bring healthy, locally grown food to otherwise food deserted areas but they also develop young leaders by giving them meaningful work. P4P connects the anti-violence movement to the
new opportunities in the urban green movement showing how closely related they really are. Topics include, food justice, food deserts, guerrilla gardening, victory gardens and more.

Excerpts from “FRESH” by Ana Sofia Joanes
Opening in Boston on June 18th, FRESH offers profiles of several of the farmers, thinkers and business people across America who are re-inventing our food system. Each has witnessed the rapid transformation of agriculture into an industrial model, and confronted the consequences: food contamination, environmental pollution, depletion of natural resources, and morbid obesity. Forging healthier, sustainable alternatives, they offer a practical vision for a future of our food and our planet. The selected excerpt spotlights Allendale Farm.

The films will be followed by a discussion led by Nina LaNegra of The Roxbury Media Institute with special guests John and Annette Lee of Allendale Farm (featured in both KNOW YOUR ROOTS and FRESH) and Michael Cermak, the filmmaker of PLANTING FOR PEACE.

The LOCAL FARM feast, prepared by Kelly Dunn, instructor in Haley House’s “Take Back the Kitchen” program in health, nutrition and culinary arts, will honor John and Annette Lee of Allendale Farms. Kelly will offer a variety of pizzas (including Vegan options) using Haley House’s organic wheat crust and seasonal toppings sourced from Allendale Farm, such as leeks, garlic scapes and spinach, served with a kale salad from Allendale, also. Kelly has shown many teenagers how to love their vegetables, so prepare your self for a treat. For dessert, Haley House's former trainee (and current staff member) Sokly Hall will prepare a rhubarb upside-down cake with whipped cream, featuring rhubarb grown at Allendale.

[link to order tickets for Dinner & A Movie]

June 6 - Discover Roxbury History Night - Barry Gaither

Our first Elma Lewis talk in March drew upon the experiences of her former students and colleagues and their memories of her instruction and drive. In this follow up, E. Barry Gaither, Director of the Museum of the National Center of Afro-American Artists (NCAA), will provide a detailed history of Elma Lewis and the institutions she created: the NCAA, Playhouse in the Park, and the holiday production Black Nativity. Come early and have dinner to be sure to get a seat!

[link to Discover Roxbury website]

Your Help Is Needed To Pass the School Nutrition Bill!

THE PROBLEM: Junk food and sugary drinks sold to our kids at school are contributing to an epidemic of obesity and diabetes among our children. Rates of obesity among children have more than doubled in the past two decades.

A SOLUTION: Healthy food choices for our children at school. After years of awaiting passage, the school nutrition bill (S.2322/H.4459) has passed in the Massachusetts Senate, but has yet to pass in the House, and will then need to be signed by Governor Patrick. Your help is needed to assure it is passed.
This bill: GETS SODA AND JUNK FOOD OUT OF OUR PUBLIC SCHOOLS: The legislation directs the Department of Public Health to establish healthy standards for all food and beverages sold to students in the vending machines, school stores and cafeteria a la carte lines. Guidelines will be based on the Institute of Medicine recommendations that: water, low-and non-fat milk and 100% juice replace soda; fat and sugar be reduced in snacks; and fresh fruits and vegetables are available in cafeterias.

INCREASES AVAILABILITY OF LOCALLY GROWN FOODS AT SCHOOLS: The legislation clarifies procurement law to make it easier for schools to purchase direct from MA farmers in order to support the MA agricultural economy and help schools access local healthy produce.

CREATE SCHOOL DISTRICT WELLNESS ADVISORY COMMITTEES: The legislation directs the Department of Education to draft regulations requiring school districts to establish community wellness advisory committees comprised of students, families, professionals, teachers and community members that will develop the nutrition and wellness policy for their school district. All school districts since 2006, participating in the National School Lunch Program, are required to develop a written School Wellness Policy according to the 2004 WIC Reauthorization Act. This legislation that wellness policies in Massachusetts are created with input from all stakeholders and experts.

CONTACT the leaders of the Massachusetts House of Representatives and the office of the Governor and asking them to “enact the school nutrition legislation during the month of May”:

Toby J. Morelli, Deputy chief of staff for Speaker of the House Robert DeLeo
toby.morelli@state.ma.us
(617) 722-2500

Sydney Asbury, Senior Policy Advisor for Governor Deval Patrick
Sydney.asbury@state.ma.us
(617) 725-4000

CONTACT your state representatives and ask them to “help us to get the school nutrition legislation on the calendar for a vote in May”. To determine who they are, visit www.WhereDoIVoteMA.com

Click here to find your state reps

Click here to follow Haley House Bakery Cafe on Twitter

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We will be in touch soon with more events and news for the summer.

all the best,
Your friends at the Haley House Bakery Cafe

Haley House Bakery Cafe Hours:
Mon, Tues, Wed, Fri 7:30a-4p
Thur 7:30a-9p
Sat 9a-3p

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